



## **Bow Community Primary School Disease Advice Summary Sheet for Parents/ Carers**

(Contents taken from 'Notes on Infectious Diseases for Devon Schools' issued by the Devon Health Protection Unit)  
Full document is available in school to parents to view or borrow on request

<b>Disease</b>	<b>Usual incubation period</b>	<b>Infectious Period</b>	<b>Minimum period of patients exclusion from school</b>	<b>Points of note</b>
Chicken Pox	13 ~21 days	From 1~2 days before to 5 days after appearance of rash	5 days from onset of the rash	
Shingles	Usually years after chicken pox	Blisters contain chicken pox virus	5 days from onset of rash	
Colds/ Flu	1 to 3 days	Whilst symptoms persist	While child is unwell	
Conjunctivitis	2~3 days	During active infection (with pus and crusting)	Until infection has cleared	
Slapped Cheek ( Fifth Disease)	4~20 days	1 week + before the rash develops	Until clinically well , presence of rash does not indicate infectivity	Pregnant women should avoid contact with infected children
German Measles ( Rubella)	14~21 days	From 7 days before to 5 days after rash	5 days from appearance of the rash	Pregnant women should avoid contact with infected children
Herpes Simplex ( cold sore)	2 ~12 days	During infection	none	
Impetigo	4~10 days	As long as lesions are wet and pus is present	Until lesions are crusted or healed	
Mumps	12~21 days	2 days before onset of swelling to 5 days after	Until swelling has subsided ( usually 5 days)	
Ringworm	4 ~10 days	As long as a rash is present	none	
Scabies	Few days to 6 weeks	Until mites and eggs are destroyed by treatment	Day of treatment	Whole household should be treated
Sickness and Diarrhoea	Varies according to cause	Varies according to cause	Until clinically fit with no sickness or diarrhoea symptom for 48 hours	
Threadworms	2 to 6 weeks to complete life cycle	When eggs are shed in faeces	None once treated	
Verrucae	2 to 3 months	As long as wart is present	None	
Whooping cough	7 to 10 days	From 7 days after exposure to 21 days after onset of severe coughing	Until clinically recovered	